

Prof. Mirella Ruggeri

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President of the International Federation of Psychiatric Epidemiology

Academic, Clinical and main Board position

- Full Professor in Psychiatry at the University of Verona,, Section of Psychiatry and WHO Collaborating Centre for Research and Training in Mental Health and Service Evaluation (2000-present)
- President of the School in Psychiatric Rehabilitation – University of Verona (2020- present)
- Head of the Section of Psychiatry, University of Verona (October 2013- present)
- Deputy Director University Department Public Health and Community Medicine (2008-2015)
- Director of the Department of Mental Health in Verona, (October 2013- December 2016)
- Director of the Service of Psychosomatic and Clinical Psychology, Section of Psychiatry, University of Verona, National Health Authority, Verona (2004-2014)
- Director of the South Verona Community based Mental Health Service and the Psychiatric Clinic (June 2013- present)
- Director of the Specialization School in Psychiatry, University of Verona (2011 – September 2020)
- Coordinator of the Research Unit “*Clinical, Environmental and Biological Determinants of Outcome in Mental Health*” at the Section of Psychiatry, Department of Department of Public Health and Community Medicine, University of Verona, Italy (1992-present)
- Responsible for the Quality Assurance Program at the Service of Psychosomatic and Clinical Psychology, Department of Medicine and Public Health, University of Verona (2000-2010)
- National Secretary of the Italian Board of Full Professors in Psychiatry
- Appointed as President of the *Italian Society of Psychiatric Epidemiology* (2003 -2007);
- Member of the Editorial Board of *Social Psychiatry and Psychiatric Epidemiology* (2004-present)
- Member of the Editorial Board of *Epidemiology and Psychiatric Sciences* (1999 – present)
- Appointed as President of the *European Network for Mental Health Service Evaluation* (ENMESH) (acting from May 2008 till October 2015), currently Past-Past President
- Council Member of the *European Association of Psychosomatic Medicine* (EAPM)
- Elected as President of the *International Federation of Psychiatric Epidemiology* (IFPE) (April 2019 -present)

Fields of interest. Epidemiological and social psychiatry; mental health promotion; prevention and early interventions; youth mental health; mental health service evaluation; assessment of outcome for psychiatric disorders with particular reference to disability, needs for care, quality of life, service satisfaction, family burden; assessment of effectiveness of psychosocial interventions; identification of the role of both environmental and biological factors (with particular reference to genetics and brain imaging) in determining the clinical presentation and the outcome of psychosis; assessment of effectiveness in residential facilities.

H index at July 2021 is: 54 (Google Scholar with 14.177 citations); 43 (Scopus)

I am in the list of **Top Italian Scientists June 2021** and have published **454** scientific contributions; of these 303 have been published in international journals or books. I authored 8 books in Italian respectively concerning psychiatric disorders in general practice, quality of life, assessment of outcome in routine clinical practice, and the outcome of schizophrenia and 1 book in English.

Research Projects. Since the early '90s I have conducted research projects in the field of service satisfaction and developed and validated the **Verona Service Satisfaction Scale**, later translated in 17 languages and used in several services in the world. She has conducted studies on various aspects of the outcome of psychiatric care, comparing different treatments and forms of intervention.

Since the '90s I have promoted and coordinated the **South-Verona Outcome Project**, that aimed to: i) to investigate outcomes of community care using a naturalistic and longitudinal approach; ii) to identify topics of interest for experimental studies; and iii) to facilitate standardization of routine clinical assessments, and thereby improve the quality of clinical records. Other Projects: Epsilon – IMPHA – COFI

I am currently coordinating a series of follow-up studies in both prevalence and incidence cohorts of patients affected by mental disorders, with the aim to identify predictive patterns of favourable and unfavourable outcomes in naturalistic settings, using a multidimensional approach. Specific aims are to identify the relative role played by biological factors as predictors, such as genetic predisposition and morpho-functional brain alterations. Since early 2000 I have promoted, with my research group, the **Psychosis Incident Cohort Outcome Study (PICOS)** in the entire Veneto Region.

Since September 2008, I have been National Coordinator of the **Research Program GET UP (Genetics, Endophenotypes and Treatment: Understanding early Psychosis)**, which has been funded by the Ministry of Health. The Project's aim consists in setting up – in the real world routine of community mental health services - specific, evidence-based forms of psychosocial intervention for patients with first-onset psychosis and their family members, and to use a randomized, controlled trial to assess the effectiveness and feasibility of these interventions in everyday clinical practice. GET UP data collection has been conducted in several Italian Community Mental Health Centres (CMHCs), yielding a total catchment area of approximately 10 million inhabitants thereby.

My more recent projects include: Mental health Promotion and prevention in the schools; at risk states and the youth population; implementation of 0-25 Services; STEP Project.